

# The Torah of Master Moses – Personal View

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A memorial for my father – the innocent and straight forward amongst men.

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Links to the Hebrew Bible (Old Testament) in English:

<http://www.biblestudytools.com/kjv/>

The Hebrew Bible in audio:

[http://depts.washington.edu/bibheb/hebrew\\_audiobible.html](http://depts.washington.edu/bibheb/hebrew_audiobible.html)

## Contents

An Introduction

The Book of Genesis

The First Age – Creation of Consciousness, or Transition from Non-Awareness to Awareness. Spontaneous Creation

The Appearance of Man – the Sum Total of all States of Consciousness in the creation

The Principle of Free Will

Male and Female – the Principle that separates and unites in the Creation

Eating, or absorption of states of consciousness

The Creation of Man

The Second Age: Creating of Names – the stage of Conscious Creation

Sleep

Battle of Forces in Creation

Death

Discarding Personal Responsibility and the Collapse of Humankind.

The Law of Cause and Effect – Action and Counter-Action.

Cain and Hebel. The Physical Man Against The Spiritual Man.

The Third Age – The Generation of the Flood till Today.

Abraham reconstructs Monotheism.

The Scarifies of Issac.

Jacob and Israel – The Eternal Battle between Cain and Hebel.

Jacob's Vision.

Israel.

An Intermediate Conclusion.

Joseph – the First Psychologist.

The Book of Exodus.

Moses.

The Giving of the Torah.

A Torah for Hebel and a Torah for Cain.

The Book of Leviticus.

What is God?

The Cosmic Engine.

## Forward

The theme of the Hebrew Bible<sup>1</sup> is the eternal discussion concerning the goal of life – is there a creator, and if in the affirmative – what is the purpose of creation?

These questions are being asked by humanity since some sense of being was developed, and the answers are crucial for our life's purposes. A person, who considers life on Earth, can witness chaos, evil and cruelty everywhere. The strong devours the weak; justice and integrity are hallmarks of weakness. If the creator exists, or maybe we can name the power behind the creation as "Infinite Intelligence" – where is he in daily life?

Even from a superficial view of life, obviously we witness the actions of Infinite Intelligence. The basic cell functions with absolute perfection; tens of thousands of microscopic factories work together with perfect accord. The very nature of a cell demands that it has to be created at once – it is not possible to develop it by stages – evolutionary supposedly. It is so infinitely complex, that there must be an Infinite Intelligence behind it. Every molecule which enters the cell has to be numbered and counted, and thus the molecules which are being ejected. And the more the organism continues to be developed so its systems become infinitely complex, so there is no time in the universe to allow these systems to be developed randomly, evolutionary, without a power of thought which acts behind. We cannot imagine that a work of a master artist can be created by itself, and there is no reasonable person who can accept this. It seems that the height of human achievement is music, and the complex musical works that exist, which were created by the great musical masters, are an evidence of complexity and perfection beyond human endeavor. The ability to move more than hundred voices and sounds with perfect harmony is an achievement almost beyond the human mind. The most primitive organism is billions of times more complex than the most complicated human creation, it can correct itself and create a perfect replica of itself, accurate to the last atom. The most rudimentary organism is a symphony which unites perfectly millions and billions of elements. And each element creates its sound – since all are moving and vibrating. The human body is almost infinitely more complex in comparison to the basic cell, and capable of functioning for hundreds of years perfectly. It is not possible that such a thing can be self-created. There is only one rational conclusion - Infinite Intelligence has been operating here.

My personal conclusion has been that there is a creator. It is actually my personal experience. The example which I brought above is not a proof, and this was not my path. It is actually an axiom – I know it for myself, but I cannot prove it for others. Is it really? I think it is possible, but this is the responsibility which rests upon each one of us individually. Let's try to follow this great adventure and reach together certain conclusions.

The implications are far-fetched – the behaviour of humans devoid the awareness that an Infinite Intelligence is behind the phenomena, unleashes destruction and chaos on earth in larger and larger scales. As if the human race decided to commit suicide, physically and mentally. Why humans refuse to see the phenomena as it really is? Is it actually escaping the responsibility which rests upon us – individually and collectively? Where are those "representatives of the truth", supposedly, upon earth – the various religions which claim to represent the Creator, but actually busy taking control of the masses, establishing

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Old Testament <sup>1</sup>

purposefully divisions and hatreds between the people and shirking real work? Why that which is so obvious is lacking from human experience?

The book before us is dealing with the complex problems which were presented above, and offers answers to the questions. I'll attempt to show the issues and what is their meaning from personal standpoint. I'll walk from issue after issue and will develop them according to my understanding. I have no intention to argue with any person or faith. For discussion purposes, I respect any thought and idea; the only thing which I oppose is a world view based on fear and hatred.

Over the years I contemplated deeply over the Biblical texts, and also with other sources external from traditional Judaism, which confirm the truthfulness of the Torah. Various spiritual Masters, who worked externally of the Jewish people, confirmed the fact that there was a person by the name Moses, and that the Revelation on Mount Sinai did occur. How did they reach such conclusions? It is possible that they have capabilities of investigation that an ordinary human doesn't have. Of course, it is not a scientific proof – examining the archeological evidence in a laboratory. Yet their words provoke thoughts, and here lays the crux of the issue. What I am writing is my own personal view, and I don't claim any authority. The texts stimulate thinking – are these stories true, or are they a creation of allegorical writing? Did act here forces beyond our comprehension, or is it a philosophical approach to consider the meaning of life?

I am aware that there are a few versions of the Torah. There are slight differences in the texts of various Jewish groups; there is the Samaritans Torah, the Dead Sea Scrolls, the New Testament and the Koran which testify for the truthfulness of the Torah. Sufi Masters dealt with it. Some of the Hebrew legends appear in the lore of other nations. There are various debates in the Talmud. But we are not dealing here with historical investigation, and all that concern me, is what is being presented before us, and what the texts inspire. I am dealing with the psychology of the stories, not their linguistic and historical accuracy. When you will read later on what I am offering, you will realize that it has no difference. I am writing a story based on Jewish mythology, and what I am seeing behind the veil. Already as a child I was fascinated by the Biblical stories – I felt very strongly as if I am living the stories – I was really within the happenings, especially the book of Genesis. The stories of the Patriarchs, especially that of Jacob and Rachel, had a very profound impact on me, it was very personal for me. The feeling persisted till the age of nine, and then vanished, but the memories survived.

In spite of the fact that I considered various sources which explain the Torah within Judaism and outside of it, I am attempting here to explain it from a personal angle, as much as it is possible. I made an effort to disconnect from what I have learnt mentally, and allow free thinking. It is not a work of comparing texts. It is not a mystical, Kabbalistic article. I didn't study Kabbalah. It is not a "scientific" research, supposedly, but writing the streaming thoughts, which emerge from deep contemplation and actual experience. Truthfully, I have no academic, religious or historic discipline, and if I had to undergo the regular learning process in our institutes – my consciousness would be fixed along traditional thinking and this article wouldn't see the light of day. From consideration of various things which I say, it might be wrongly interpreted that I place New Age concepts on the Torah stories. The opposite is the truth – I attempt to show that these concepts already exist in the Torah, and many scholars and advanced spiritual persons actually interpret and explain the Spiritual Torah of Moses,

according to the need of the ages, the circumstances and the mental frame of the people with whom they worked.

From considering the issues over the years, I reached the understanding that the texts are based on truths, but were written in symbolic, allegorical fashion, and our right to understand it according to our capabilities. I see the issues as a personal, internal process, which occurs within us, and not only as an external process.

The article is also meant to explain the texts to the people, who view it as an obsolete old fashion religious doctrine, and also to salute incredible People, who preserved the texts against all the odds and with super-human dedication.

## The Book of Genesis

### The First Age, or Movement from Unconsciousness to Consciousness, Spontaneous Creation.

(I see in the Torah three distinct Ages – Ages of fundamental activities which in each one certain state of consciousness was created. I don't know if this relates to the linear movement of time which we usually see as the yearly cycles' or the movement of the celestial bodies. I view the Biblical stories as allegories to psychological states which constantly occur within us.)

- 1 In the beginning God created the heaven and the earth.
- 2 And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters.
- 3 And God said, Let there be light: and there was light.
- 4 And God saw the light, that it was good: and God divided the light from the darkness.
- 5 And God called the light Day, and the darkness he called Night. And the evening and the morning were the first day.

*It is not possible to translate Hebrew texts literally – definitely not the Hebrew Bible. Ancient Hebrew was a graphic, picturesque language. When the ancient Hebrew scholar read the texts, he actually could experience the events, as if he saw it as in the movies. It was a real experience, not abstract, mental, as today.*

The letters (Or more correct glyphs) of the ancient Hebrew language used to be like slides (still frames) in a motion picture – each word provided an episode in the moving picture – there were no spaces between the words – just the same in a constant movie film. The separation of the words was actually a descent to gross matter – the fall of man from the spiritual state to a more dense mental state. The moving images turned to be mental structures, devoid of fluidity. (When we speak, there are no breaks between the words, and we still understand each word, as if each one is a sound by itself)

In Hebrew the text has a very different picture. I'll consider the very first word: BRESHITH.

In English it is being translated: "In the beginning".

In Hebrew it says: "Be'rr-ah-shith ba'rrah Elohim et ha'shamayim ve'et ha'aretz".

(In the beginning God created the heaven and the earth)

Listen to the sound of brrrr-ah-shshshsh-ith – it feels like a process of something that is percolating and about to spring forth, to be born.

We can make a little exercise: The letter 'B' can be pronounced when the mouth is almost closed. The letter 'R' is a deep guttural sound. English speaking people don't pronounce properly the R, you have to listen how people who speak Arabic or Spanish pronounce it. It is a very deep, guttural sound, like igniting a motorcycle.

The letter 'SH' (shin in Hebrew) looks like a fork, or three arrows; the letter 'TH' denotes movement. Stand a bit bent while the eyes are closed, and start pronouncing 'B' – then while straightening your body and slowly opening your eyes pronounce 'R'. Then when you stand completely erect pronounce the 'SHITH' while your hands are being raised up and the fingers pointing forward like shooting arrows.

Only the letter 'M' can be pronounced when the mouth is completely closed. This can remind us of the 'OM' point, which traditionally is the original point of creation. But in the letter "B" the sound is becoming and springing forth. A movement is being created – movement creates sound - and thus consciousness is being created.

After repeating this "exercise" for a few times, we can have a faint idea of the process of awakening from a state of non-movement to movement, from dormancy to wakefulness, from a state of complete silence to the bustling of active life.

(This can remind us of a few theories belonging to various schools concerning the process of the primordial creation, supposedly. What we describe as "God" was in a state of non-consciousness, and due to deep urge which sprang from the depth of Infinitude to know itself, a process of awakening occurred in order to move from the state of non-consciousness to consciousness. It is not a beginning, but an endless process of awakening which continues all the time.

This metaphor which is being symbolized by the word "Breshith" is actually the shattering of the Infinitude to endless individuals. Who is the very first individual? To my view already even in the most rudimentary particle some form of consciousness is latent. From the moment an individual enters movement, consciousness is being created. Any movement is being recorded in the individual memory, which its capacity is infinite.)

**This is an axiom – everything in creation has consciousness.**

If we will consider this process from the individual stand-point, we come back to the state of awareness while we wake up from sleep or return to the state of conscious awareness from a state of non-consciousness. Within the depth of our subconscious mind an urge starts to percolate some kind of an excitement or sound which wakes us up and forces us to act in the world. This process describes the process of awakening from lack of consciousness, to the state of complete wakefulness.

Actually each one of us goes through this process individually, on a daily basis. The clue where we are heading is already latent here – the solution exists within each one of us.

Try to imagine that we wake up and there is nothing around us, nothing at all. We are back at the primordial state, where physical creation doesn't exist. We have no senses – no sight, hearing, smelling, tasting, and touching. Internal sensations do not exist, since there are no external stimuli to evoke such feelings, and thus there are no thoughts. But nevertheless there is something – a hidden feeling that something is missing, some kind of individuality exists which aspires to know and understand. This is a subconscious urge, but this basic feeling is the cause which pushes the effort to create something out of nothing. It is very difficult to imagine this in this late stage – we wake up daily to an already prepared physical creation; all that exists is complete darkness which is not darkness, since light doesn't exist. Since there is no light, we don't know that we are in darkness.

Envision that we are without body, lack any sensation and thought. There is no physical existence, no hearing, smelling, seeing and no other sensation. What do we experience when we have a most rudimentary spark of consciousness? What would we feel at such a situation? Would an internal subconscious compulsion be emerged within us that will aspire to experience and understand?

I am trying to re-create our feelings when all this process was in its initial stages. We can enter inside ourselves and try to envision such a primeval state – possible that due to some effort, we might experience some kind of emptiness, vacuum, which is actually the first state before creation. Re-creating this state in our consciousness, might give us a unique standpoint concerning the meaning of life and its course.

The process of creation is actually a process of creating states of consciousness and these are being expressed, materialize or solidify physically. What was actually created in the beginning? We can see from the example above that the first thing which was created was sound. Everything in existence has its own unique sound.

### **Consciousness is a solidification of the first sound.**

Every movement creates a sound. Each sound creates a state of consciousness. Therefore, even the most rudimentary particles have some kind of consciousness, since they are constantly moving and generating sounds.

What is consciousness, actually – isn't it the basic question we should ask? The very capability of asking a question signifies the existence of "consciousness" – the very fact that I write my thoughts testifies for the existence of consciousness, but I cannot say what consciousness is and what a thought is. It is an existing fact. How this riddle can be solved? The inner pressure to answer this question generates the entire creation that we participate with. The inner subconscious effort, even without will of all that exists to know the reason of existence, is what brought us here. But the unconscious effort which aims at all directions, created a chaotic, irrational world. The Torah is dealing with this riddle throughout, and offers directives that if we follow, we might reach the place where things will be clearer, and thus we will act from a broader understanding for the results of actions, and will cease to act instinctively in order to fulfil our immediate needs.

Consider for a moment the science, which correctly is trying to explain, investigate and prove everything, but science has no clue how to explain what is consciousness and thought, and at the same time uses these tools in order to negate phenomena which cannot be explained beyond the mental level.

A practical way of understanding the spirit, till a certain degree, is through the arts – here we are capable of creating worlds which do not exist actually, seemingly to create something out of nothing, to reach for insights that cannot be achieved through the intellect alone. Through the arts we can reach beyond the intellect. The intellect was formed due to the mental efforts of the various individuals to survive in the physical world, an effort which springs from the hidden spiritual aspiration to understand the meaning of life through gaining super-consciousness. Therefore the intellect can never understand the spiritual phenomena. Science which is trying to understand the spiritual phenomena through the intellect, defeats itself. The role of science is to improve human lives on earth. But science which is not based on morality and spiritual directives, as was offered above, is destructive. Only the combination of science, spiritual understanding and the arts can usher a breakthrough. Super-consciousness cannot be achieved by the power of will, or by some kind of mental exercising. Such an exercise can bring the person to the threshold of the possibility of achieving such a state, but there is no exercise which can enable the person to cross this threshold. The only way today to achieve super-consciousness is to follow the foot-steps of those persons who achieved it. The main characteristic of such people is that they absolutely have no personal interest – they even don't care for their spiritual success, but serving the cause of creation. They receive at certain stage super-consciousness in order that their work will be more efficient, practical and pointed. Super-consciousness can never be reached through various drugs, and there is no physical means for its achievement. Drugs can only ruin the mental constitution of a person and lead to delusions and madness.

The first sentence in the Book of Genesis is actually a mighty sentence – through seven words the entire act of creation is being expressed; the entire wisdom is being encapsulated in one sentence. Actually, if we could dive deep, then all that was written later on is no more but a commentary of this one single sentence. The person who wrote this had super-consciousness, which almost doesn't exist these days. Today we lost the spiritual capability to see what these words and letters symbolize – all that remain is no more but a deem echo, but even this deem echo contains powerful might, which is capable of awakening us mentally.

Of course, the Hebrew language, the formation of the letters and their shape has overwhelming importance – it is not possible to translate it. I am not posing as an expert in the mystical structure of the Hebrew language – possible that there are such people, who deal with occult Jewish teachings, also called Kaballah, but here it is not the interest or the direction.

This article also meant to emphasize the power of the Hebrew language, that its main task is not only to serve as a tool of communication between people, but also as a tool which can contain spiritual truths which are beyond the intellect of human beings.

Let's continue to view the text – it is possible to delve deeply in each word and each shape of the letter, as the sages of Judaism do, but I am trying to find various interesting points, out of the ordinary.

Be'rr-ah-shith ba'rrah Elohim et ha'shamayim ve'et ha'aretz". - "In The Beginning God created the Heavens and the Earth" - The word barrah is singular. But the word Elohim is plural. (EL or Eloha are singular).

The process of creation is a differentiation of the One – the Infinitude – to endless individuals, infinite in their number. A movement from Oneness to Manyness. The sentence should be written as: "Be'rreshith ba'rr'oooh Elohim et ha'shamayim ve'et ha'aretz". (ba'rr'oooh is the plural of barrah). But it is a united action made by various God-beings working together with perfect accord. And this is the reason why the verb barrah is in the singular. God-beings are actually who we are – individuals endowed with consciousness. Why this process occurs, is the mystery of creation of which there is no answer that the human mind can fathom. The word "barrah" means to create matter, to form a shape for the spiritual essence behind the things, to flesh up. It is also the root word for health; creation is a healthy process. It is possible to say that the process of creation is transforming thoughts to material essence. For example, when we think on the need to create a certain tool, the result of the thinking process will be that the thoughts will consolidate in the form of physical object, like a hammer or a wheel – those are actually thoughts which were materialized. The personal process which we are acquainted with, might hint at the initial creating processes.

Again, with the word barrah we can find the root word of Breishith – Brra-shith. It is not accidental and it is possible to delve into it, but the aim of this article is not towards mysticism.

The term "Elohim" (God) I am trying to explain as endless individuals who were created during the initial awakening-shattering of the creation. "The "Big-Bang" to my understanding is awakening from dormancy to action. These endless individuals are being propelled by an irresistible force which aims firstly to return to the original unity, but with complete consciousness, and secondly to maintain the individuality. We will consider this term throughout the article, from various angles.

"AT" – a unique word for the Hebrew language. It denotes the appearance of action and individuality – me and you.<sup>2</sup> It is not a mere connecting word. It has deep meaning in regard to the construction of the sentence and its meaning. Alef is the first letter in the Hebrew alphabet, and Thav is the last letter. It is not accidental – this short word symbolizes the process of creation – the beginning and the end. This kind of word doesn't exist in any other language, to my knowledge, and without it this sentence would devoid its true meaning.

Shama'yim and Aretz – heaven and earth. Consciousness and sub consciousness – the accessible aspect of our mind and its hidden aspect.

(Shama'yim means sky, heavens. What is above us, which we can view and fathom. Earth represents the solid crust on which we act, but it is mostly obscured from our comprehension.)

If the Creator is standing beyond the creation and starts to create an independent world, with a solar system, stars and planets including our planet, what is the meaning of heaven and earth? The physical orb and its atmosphere? There is another meaning to it. In the word shama'yim we sense something amorphous, soft – sham-mayim (water is there), and in the word Aretz (earth) we can see the solidification of form – in the word Arezt concealed the word tzura – form. A-T hashama'yim – a long complicated process which brings the nothingness to certain being, being that created due to the internal effort to reach some consciousness. A-t denotes a process from the beginning to an end, a complete cycle of action that reaches to a certain result, and so Vae't Ha'aretz – also here a moderate process takes place which is being

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In Hebrew Ata (singular) means you. Atem is you in plural. Ani is Me. <sup>2</sup>

represented by the word AT – from alpha to omega, from the beginning to the end, that causes the initial feelings to solidify and thus the individual entity which seeks to know, can start expressing itself. In the initial formless state, it was not possible to express and seek the aim of creation. The moving and acting individual, which is the essence of creation, was not able to take form.

### **And the earth was without form, and void; and darkness was upon the face of the deep.**

A state of disorder full of dark and dreary objects stored within the depths of the fathomless pit of the sub-conscious mind. What is the subconscious mind? Every movement is being stored and recorded. This endless storage of memory, which seems like an endless ocean without law and order, resembles darkness upon the face of the deep. We can discover within ourselves three main mental components: the wakeful consciousness, with which we can function daily; the accessible subconscious mind, the storage of memories and experiences; the inaccessible conscious mind, or the dark unconsciousness, where all movements, experiences and memories were stored already from the very first step of creation, where our individuality was separated from the Infinite and started to move independently, already from the first atomic particle. All these movements are being engraved in the sub-consciousness, which is an infinite storage, sink and solidify there. The living being has some control over the conscious mind – it is possible to make decisions and implement them, it is possible to think good or bad thoughts. The control of the sub-conscious mind is very limited, but, it is possible, while using certain methods, to change what has been recorded there; for example, if I hate someone and this upsets my poise constantly, then due to intense internal work I can change the situation and learn to love that person, and thus this residue within myself is being transformed. And if not to love really, at least to disengage from the feeling of hate. The darkness of the deep is not accessible, and almost nothing can be done about it. It is the storage of impressions which were accumulated from the first moment a movement was formed, everything which is latent there is in a frozen, inert state, but this affects the sub-conscious mind which in turn conditions the conscious mind. In order to erase this reservoir, which prevents the individual from true freedom, knowledge and spiritual wisdom are required, and this demands special study and devotion which are not accessible for the general public.

### **And the Spirit of God moved upon the face of the waters.**

Do appear here the individual I Am, who seeks to establish understanding and order of the things? What is this term whom we call "God"? For our discussion, I would call it the "Higher I". The intelligent, logic force which starts to appear in the consciousness, above the dark ocean of the sub-consciousness. This "being" appears within us when the lower self, which is actually the sum total of all the cravings and dark memories which move everywhere within our minds uncontrolled, begins to act systematically, a conscious awareness begins to work and it seeks to arrange order of things. We wake up to a certain consciousness, but which force is dominating this consciousness? This is the question that we need to ask all the time. Actually, each one of us must seek and find this principle within and to develop it till maturity. Here actually rests the purpose of creation.

**And God said, Let there be light: and there was light.**

The thought which is percolating within the mind is being expressed in the physical realm through the spoken word. We are the gods who decided to cause the appearance of the light of understanding or the first spark of knowing due to intelligent thinking. We are capable of creating our inner light, or extinguishing it. What is light? We don't know. Without light and the capacity of sight, the world is actually non-existent. We can say that the appearance of light is the appearance of goodness. It is also possible to say that the appearance of light is the appearance of spirit amongst matter. Presumably we can sense matter, it is our very being in life, also light is being received in our senses, but this is a phenomenon beyond our senses.

**And God saw the light, that it was good: and God divided the light from the darkness.**

We are beginning to arrange our lives according to what is seen as good or bad. In the initial pre-creation state darkness and light were mingled, so the creation actually cannot exist. This mixed state exists within us, and our duty to separate between the two states. Goodness we can call light, and evil as darkness. Light is the light of understanding, darkness – wrong understanding, or lack of understanding – ignorance. Darkness is not a mere state of lack of light, it is actually a state of existence which is born out of wrong or limited consciousness, and it is a state of non-consciousness in its initial state. Darkness is instinctive action, ignorant, devoid of logic and unconcerned for the results of its actions. We can define light as consciousness, through which we see and act, and the sub-conscious mind as darkness – the storage where all memories and impressions that we have experienced are being stored. These two elements in creation must come together – without darkness there is no light, and without light darkness has no meaning. The creation of the inner light is the duty and privilege of every person.

**And God called the light Day, and the darkness he called Night. And the evening and the morning were the first day.**

A cycle of activity was accomplished during which certain individuality appeared; this activity contained good and evil, which we symbolize as day and night; consciousness and sub-consciousness appeared. It is possible to define the term "day" as a creative cycle which meant to achieve a certain goal, and night is a period of rest, a time to absorb the experiences and learn. The creation consists of active cycles set to achieve a certain goal. Achieving the goals means a higher state of consciousness. A period of activity is actually a round cycle that has a beginning and end, but the end point is not at the same place of the beginning point.

**And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters.**

A partition was formed between the conscious and sub-conscious mind. Water symbolizes the conscious mind, and there must be a partition between the daily awareness and the endless

storage of impressions. When the various mental components are mixed, a rational activity cannot take place, an active cognition cannot be formed; it is also a state of insanity.

**And God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament; and it was so.**

It is a process that we are responsible for. We start to organize our mental components. Since we succeeded in achieving certain consciousness, our duty is to place it in order.

**And God called the firmament Heaven. And the evening and the morning were the second day.**

A clear state of consciousness was formed through which the individual I AM can act. It is not possible to function when the conscious and subconscious minds are mixed. It is not possible to function if the endless memories which are stored in the subconscious mind would percolate constantly in the conscious mind. What we see in any period of activity, or Day, is another new state which didn't exist before. We are the ones who create these states, due to the tremendous will latent within us to understand ourselves. The fact that we give names to the things, is an indication of the appearance of the wakeful state of consciousness, it is the first spark of taking responsibility.

**And God said, Let the waters under the heaven be gathered together unto one place, and let the dry land appear: and it was so. And God called the dry land Earth; and the gathering together of the waters called the Seas: and God saw that it was good. And God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth: and it was so. And the earth brought forth grass, and herb yielding seed after his kind, and the tree yielding fruit, whose seed was in itself, after his kind: and God saw that it was good. And the evening and the morning were the third day.**

We are travelling back in our imagination to the pre-creation state, to the original nothingness – we wake up to some kind of emptiness, vacuum. We are searching a way to establish something solid in our experience, something that we can hold, supposedly. A place where we can put things in order. The things we see externally on earth are being created due to our internal effort to create a world where we can act and experience. But we act without active awareness – just suppose, that we wake up to a state where we would experience ourselves as metal – what state of consciousness we would have? And if we would experience ourselves as water, what that would be? Or as herb, warm, and so on. Let us try to enter these states and try to feel what that means. Why not to assume that all things have certain consciousness – a molecule of oxygen is being united with a molecule of hydrogen and a new state is being created, which we name water. Something happened behind the veil of theoretical chemistry

devoid of feelings – oxygen and hydrogen are actually in love, they mate and something new which didn't exist before came to be. Water is actually the "child" which was born due to this intercourse. Already today we can locate an individual atom and "name" it, supposedly. We can track individual particles. What that means for us? That everything alive and has feelings, in various states of cognition. Today most of humanity has no sense for such things, and it sounds nonsensical to most of humans. The physical science will no doubt will negate these words as baseless and even stupid. I know from my own experience that this is true; I have proved it for myself. But I cannot prove it for others. This is the personal responsibility of each person to discover and prove independently. Why humans mentally oppose viewing the things from this perspective? Because it has tremendous impact on the very existence of humanity as we see it today. What looms behind this opposition is shirking the responsibility bestowed upon us.

The development of consciousness starts to solidify things in our experience – the world begins to be clear and in order. Try to view ourselves when we are in the state of being previous to that of what we call the human state. Since a primordial spark of cognition starts to act within us, what is really happening? What is the very first experience we can have when there is no world at all around us – but still we have spark of consciousness? How we would feel? Maybe we would feel that we are airy – light – weightless? Is it possible that this experience will manifest physically in the form of air – gasses? Would this experience as airy create what we define as air? Is it possible that while our consciousness continues to be developed, becoming more integrated and solid, it creates what we call liquids and later on solid matter – earth? Is it possible that what we see and experience in our earthly lives are but the solidification of our experiences in past existing living phases? Does what we call a tree is actually the sum total of experiences which solidify in this physical world to this shape? Are we – our personal individuality – passes through these states in order to achieve gradually higher states of consciousness?

It is possible to say that in the initial stages of existence – minerals and plants, awake, aware intelligent consciousness doesn't exist, as an ordinary human feels. But nevertheless something is happening – these are lives in a low state of consciousness. The experiences that we gain in these spheres of existence create the subconscious mind. When the individual enters the being that we call animal kingdom - sparks of organized intelligent consciousness begin to take form. Any person who raised animals knows that they possess understanding and cognition, sometimes more than we have. Obviously they feel, happy or sad. An animal mourns when his mate suffers or dies. They have power of memory; they can find their way where humans cannot, and so on and so forth. It feels when we take care of animals and studies them, that behind them rest amazing intellectual force, which directs their development. An animal cannot of its own to develop means of self-protection for its survival – it cannot think that it has to develop horns or sharp teeth for eating and defense. Something must to be behind the scenes and designs.

We can see here gradual development of advancing states of consciousness. Light – air – water – earth. What these things represent within our existence? Consciousness – feeling – sensation – reality.

Try to view the world where we are living – it is extremely complicated world – but where is it? When we look at something, don't we see it within ourselves? Why do we assume that

things are external? It is due to the work of the senses – but the senses are no more but doors to the outer world supposedly – we exist within, and thus the things are there.

We are presumably at a very late stage in the processes of creation, and we are adjusted almost automatically to the reality as it is being revealed externally. What I am trying to do or propose is to step back and try to understand the process from its inception. We are acquainted with the world through the senses – but if all senses are cut off – where is this world?

What is actually an evolution? Ascending progress of states of consciousness that their echoes materialize through the manyness of objects and bodies. The evolutionary thesis of Darwin concerning evolution of living beings might be true from the formative view-point, since we can see a ladder of progressive hierarchy, but this cannot happen on its own – there must be a force behind the form that aspires to proceed, - and this power is the power of consciousness seeking perfection.

**One plant represents the sum-total of all states of consciousness in the mineral kingdom.**

In the third phase of activity the word Tov (good) appears. It came to symbolize a new state of consciousness which didn't exist before; a successful cycle of activity along the aspiration of achieving self-understanding. Everything which is in place is "good" – if it isn't in its proper place it is "bad" (Ra). Manure on the plate is bad; manure that we spread between the plants we eat is good.

We can see that the force that is working within us starts to identify the things and gives them names. The unique name signifies awakening, and thus the word good came to define this state. The movement of the individual which is the purpose of creation enters into a systematic, organized condition, in contrast to the initial chaos, where the endless individuals seem like a shapeless soup.

And God said, Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days, and years:

And let them be for lights in the firmament of the heaven to give light upon the earth: and it was so.

And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: he made the stars also.

And God set them in the firmament of the heaven to give light upon the earth, And to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good.

And the evening and the morning were the fourth day.

The cycles of time appear – in each period of activity a certain goal is being achieved. Various changes take place and they advance and develop throughout the cycles of activity, or

rounds of activity. The appearance of clusters of stars portrays rounds of action, which we define as movement in time. But what is this concept of time? When a round of movement is being accomplished, for example the round of planet Earth around the sun, we feel the same for ourselves and others, the forms and all that surrounds us is being changing during the movement. Every round cycle – what we name today as month and year denotes a movement during which things are changing. After a year has passed, we see the people whom we know a bit different, and after ten or twenty such cycles, we almost don't recognize each other. The world where we live in constantly is changing and to this process of change we call time.

We are being born into this concept of time, and it is very hard to escape off it and to imagine a state without time. It is possible to say that time is an illusion intertwined with the phenomenon of round cycles. When these round cease, the concept of time vanishes.

Let's try to examine it again as an internal process. The higher I AM consolidate within us and he is ruling during the time of awakening. During the night the subconscious mind is ruling, and it is actually a byproduct of the sun activity – the light of conscious awareness, during the active life. The memories and impressions become solidify in the subconscious mind, and return to reflect during the night, as dreams. This is the small light which doesn't have consciousness of its own.

The solar system resembles the basic structure of an atom – a center around which particles are rotating. The cosmos is fractal and this principle governs throughout Infinity.

This system resembles the constitution of Man – the sun symbolizes the Higher I who radiates throughout the various levels of consciousness. The heavens are the awake consciousness which creates the sky – the sharp clear line which operates within us, the oceans represent the sub-consciousness – the creatures which swim inside are the results of the thoughts and actions which act within us – the beautiful things which we create generate beautiful creatures in the sub-conscious mind, the bad things create ugly creatures and monsters. The ocean bed represents the thoughts we generate, and these thoughts solidify and die, sink to the chasm of eternal darkness, like the sea creatures which die and their remains accumulate on the ocean bed. These sediments are not accessible to the conscious mind, but as long as they exist, the person can never be really free. As long as the impressions and the experiences which have accumulated in the sub-conscious mind still "alive" like the fish in the ocean, then it is still possible to take care of them with the conscious mind. But when they solidify and sink to the bottom of the ocean, special methods are required to eliminate them, which the average person usually is not aware of. Just as the ocean bed is being stirred by volcanic activity, so also our deepest layers of the sub-conscious mind are being shaken by disasters and acute suffering. We will discuss these processes later on.

**The purpose of the Torah has been to face this problem and to act through true freedom.**

And God said, Let the waters bring forth abundantly the moving creature that hath life, and fowl that may fly above the earth in the open firmament of heaven.

And God created great whales, and every living creature that moveth, which the waters brought forth abundantly, after their kind, and every winged fowl after his kind: and God saw that it was good.

And God blessed them, saying, Be fruitful, and multiply, and fill the waters in the seas, and let fowl multiply in the earth.

And the evening and the morning were the fifth day.

We actually create the living creatures upon the Earth. Let's look at this phenomenon as an internal happening: All these creatures symbolize thoughts and feelings within us that keep on solidifying. Any thought and feeling create "an animal" inside us, these "animals" act in the awake consciousness, and later on they sink into the sub-conscious mind and finally die and their skeletons sink to the darkness of the sub-conscious mind, similarly to what is happening externally upon Earth. What science will say about such things is not hard to imagine – scorn and contempt. But science doesn't know what lies behind the phenomenon of life, the materialistic point of view of science is self-defeating, and blocks deeper vision. Science is actually a magnification of the senses, building instruments in order to accurately measure the results of its perceptions, but the senses are a by-product of the creation, they can never perceive what created the senses.

We didn't evolve from lower grade creatures – the lower creatures are actually the solidification of our thoughts. We are the "Gods who create" – we create with the power of our thinking whatever exists. The entire creation which surrounds us that seems to be external – was created due to our actions in ancient living episodes.

The internal activity within us created the external world as it appears before our eyes in this phase. The inner desire which has been percolating within us to know, kept on wearing all sorts of forms, in the struggle to find the shape through which we can express ourselves fully. In everything that exists acts a conscious force – there is a spark of consciousness in everything that exists. An ant gets scared when it is being pushed, some kind of feeling and consciousness exists within it to a certain extent. The greatest miracle appears here of no explanation that of the appearance of individual life. If the Cosmos is infinite – how come the infinite breaks apart and is revealed in endless individuals? The individual begins to manifest already in the stage we call an atom, isn't it? Every atom is actually a unique individual being. And maybe it is possible that this entity appears in what science discovers as the atomic particles.

The essence of creation is individuality and motion. These phenomena generate what we call consciousness. Thus consciousness exists already in the most rudimentary particles. The notion that consciousness appears only faintly in living creatures and fully in human beings, and doesn't exist in the in-animate kingdoms, is false. It is not possible that consciousness will be created at a certain advanced stage, while it doesn't exist in former stages. This awareness demands a revolutionary thinking in the human mind – there is no such thing as

something devoid of life and feeling – something within us lost the capacity to feel and know this.

**Possible that once we were endowed with this consciousness to a certain degree – we caused to ourselves to lose this mental state.**

This loss of the sense that everything is alive and has feelings, symbolizes a deep fracture in the human state of consciousness, a fracture that exists for many thousands of years.

**The Torah came to heal this fracture.**

The consciousness which appears and expresses itself through minerals and living things, seeks higher forms of expression. An impulse to achieve perfect state of consciousness has been working within us consistently – it is an embedded subconscious impulse from the very beginning of our existence as individual beings. This impulse causes us to seek the answers in higher and more complex bodies – a living being – individuality contains feelings, emotions and sparks of thinking. The order of appearance of the living things is equivalent to the common concept of evolution, but here the aim has been to view the appearance of things as an expression of states of consciousness materializing in bodies.

The inner effort to achieve consciousness generates a long train of states of consciousness, which are being expressed in the physical world through endless forms which we refer to as living beings. In the stage we name as animal kingdom, we can already discover various states of consciousness. The animal kingdom is based on the former state of consciousness – that of the plants' state or a manifestation of lower state of consciousness. The plant is not an inanimate thing devoid of feelings, some kind of advanced mineral composition, but the sum total of the sub-conscious efforts which the minerals which are situated in the lower realms generate, in order to achieve a higher state of consciousness, and this concentrated efforts of the plants generates eventually what we call living beings – that their main characteristic is self-motion, which the plant kingdom is devoid of. If we consider deeply into the structure of all that exists, then all things have a body made of long line that hands and legs stem out, an opening for receiving food and an outlet for excretion. In the plants the legs and hands are the branches and the roots. The plant absorbs its nutrients through its mouths-roots, and excrete through the branches and the leaves.

**All that exists is the sum total of the sub-conscious efforts of previous systems of life in order to achieve the state of full consciousness. Whatsoever that surrounds us is due to our past actions. All the animals and plants are the solidifications of our thoughts. We have to nurture good and beautiful thoughts which will create beautiful plants and creatures – these dwell within our sub-conscious mind – in the internal ocean, and we have to learn how to handle all this. We have to learn to cultivate or destroy what was created in such a way that they will be transformed in the ladder of spiritual evolution, and not to enable them to "die" and sink in the darkness of the deep. Then it is too late. What we witness upon Earth is the result of ignorant actions of the human race over very long periods of time.**

And God said, Let the earth bring forth the living creature after his kind, cattle, and creeping thing, and beast of the earth after his kind: and it was so. And God made the beast of the earth after

his kind, and cattle after their kind, and every thing that creepeth upon the earth after his kind: and God saw that it was good.

**The sum total of the plant kingdom is an animal.**

The states of consciousness that we have developed gave birth to the forms of the various living beings. The living beings are echoes of the inner states of consciousness – they are actually the solidification of our internal mental processes. When an animal dies, its remains build the geological layers – lime rocks for example, are an accumulation of animal bones which hardened over very long periods. If we can imagine these accumulations of rocks to the internal sub-conscious mental layers, then it is very difficult to break these rocks to something softer and more flexible in order that we can excrete them. These hard layers enslave the human consciousness and radiate constantly emotional waves which force the human being to act irrationally.

**The mission of the Torah has been to eliminate the sinking of the "animal skeletons" at the bottom of the ocean of the sub-conscious mind – to prevent the accumulation of layers in the darkness of the deep, and to neutralize them when they are already formed.**

The wisdom is how to treat the "animals" cleverly. To "domesticate" them from the spiritual stand point and to tame them towards the goal of achieving real spiritual freedom.

## **The Appearance of Man – the sum total of all states of consciousness in the creation**

And God said, Let us make man in our image, after our likeness:

What is Man, actually? The sum total of all experiences and happenings which were engraved in the sub-conscious mind over the processes of development till it reaches the stage of expression that encompasses the entire levels of consciousness. Actually, it is possible to say that Man is the sum total of whatever that exists in the creation. All kingdoms of life are contained in each person. All that exists is a solidification of thoughts to physical form. The human body is the sum of all the solidified thoughts in creation. The terrific urge to return to the original Oneness, reached its peak in the human form. The uniqueness of a human being is not only his capabilities to think, speak and create, but his capability of fulfilling his desires.

Here is the hint for the education of mankind: A person, each person, is after the image and likeness of the educator. The child absorbs the subconscious makeup of the educator. Education is not an intellectual repetition of texts, but a process of absorbing insights sub-consciously. That is why the sub-conscious mind of the educator must to be in the "image and likeness of God" – thus projecting the highest and most sublime insights.

### **The principle of free will**

and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

Let's look at this sentence where, supposedly, God gives mankind the power to rule all that exists and exploit it. It has been the accepted norm that humans received the power to control and direct the creation on Earth as it pleases them. In Hebrew it is said "rdoo" which was translated into English as dominion. The root word is r.d.h. meaning to rule, but also y.r.d. which means to go down, to be lower. I see the possibility that our true purpose has been to serve the creation, not to exploit it for personal or collective ends. The difference might be where the focus of the person might be – is he (or she) is locked up in egoism, or they feel as part of a very vast, infinite system which they have a part to play in order to direct it, at least here on Earth. What we can see often in this story, that words might have various meanings. This is the principle of free will that we discover in the creation – we have certain amount of operating margin, and we can bring about great help or great damage. The selfish individual, who has been operating with limited earthly consciousness, which sees the fleeting earthly existence as the purpose of life, seek to grab and exploit whatever he can without giving account for the consequences. A person who is more spiritually inclined and who is more aware for the consequences of his doings, his consciousness might be more focussed on helping the creation which surrounds him to advance and progress; he is not exploiting the creation for selfish ends. This has been the key issue of humanity ever since. The Torah – which its meaning is the manual for spiritual training – was constructed in such a way to fail,

supposedly, those who act from egoistic view point. The failure of humankind is obvious for any person – humankind was given the means for its own annihilation.

The two approaches can be explained in the way we open our palms: The palms closing on the desired objects – with hands down – or being open upward as a symbol of giving. Palm opens upward symbolizes a state of giving, a state of service, and this is the state which uplifts the soul. A palm which is pointed down – directed to grab covertly symbolizes a state of taking, domineering and control over others. This is a mental state which topples the person down from his (her) spiritual position. Truly, the second state is a situation where the sub-conscious mind controls human consciousness. Actually, the person has no free will – he is a subject of survivalist animal impulses, and not wise action based on consciousness free of dark impulses.

### **Facing up or facing down<sup>3</sup>**

The hands act according to the dictate of the sub-conscious mind; the primeval passions which activate and control a person influence the hand gestures. Changing the attitude of the hands might inflict on the inner constitution of the person. We have the capability of evoking inner change. Let's stop for a moment the rush of our lives and observe those who surround us from a detached view point: everybody is acting almost always automatically, being directed by the mental constitution which is solidified in the sub-conscious mind. Change is possible, even it entails suffering. All these people will claim that they act from free will, that they do what is suitable for them, from the vantage point of self-interest. But actually they have no free will at all. They are marionettes of their inner darkened impulses.

The movements of the hands actually deliver what is going on in the depths of the sub-conscious mind. A conscious modification of the position of the hands, from a posture of taking to that of giving, will affect and change the inner state.

Together with the "creation of Man" – supposedly – the assumption here that We are actually the creative force – also appears the purpose of creation – since we have traversed the entire processes of evolution of consciousness, we have reached the apex of consciousness which enable us free rational thinking, the capability of building and creating things which were not possible till now, then our obligation has been to assist all those beings who are still within the process to reach the state where we are. The principle of free will directs the people according to their inner mental state – the majority chose selfish lives of fulfilling immediate lusts and wants, and these humans describe as "happiness". Seeking happiness is nothing wrong by itself, but our responsibility as people endowed with greater vision to observe the deeper implications of what we have been doing.

Consider a simple issue – I grow a vegetable in order to eat it. I have the skills to raise and develop the plant in order that it will yield its product for my benefit. I can develop the plant for its own good – something that might sound odd to the ordinary human – to be concerned for the "happiness" of the plant, as an individual who stands on its own. Already here concealed the key principle of understanding the essence of creation – what are the implications on us and our health when we are eating a "happy" plant? Most of human beings don't consider at all the wellbeing of the plant they grow; and if they do not have any

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In Hebrew it sounds better what I offered: We have two words which sound very closely the same – <sup>3</sup> el and al. El meaning towards, al meaning above

considerations for the plants, why should they consider the happiness of the animals? All these are no more but instruments of satisfying pleasures – enjoy eating, making profit through which we can derive more enjoyments. These things are clear for anyone who observes from a distance.

All that exists endowed with consciousness – already from the very minute particle. All that exist feels and senses. What is the outcome of our neglecting this? What do we feel when we are being imposed to do something which we are not interested with? Or worse – when we are being coerced by force – being raped – to do some work, to commit something which causes us and others suffering. Naturally we will be filled with anger towards the person or the institution which takes such an approach, we will try to be freed from this, and even to pay it back. Humanity has been abusing the creation and each other since recorded history, and all the time we witness a vicious circle which never ends, of killer and being killed, disasters follow periods of relative peace, all what we build falls apart, all the societies and enterprises we created collapsed and disappeared.

Anything or any act which is based on coercion, greed and egoism is due to failure. Our world shows it to us everywhere, but we refuse to look at the mirror, continue the denial childish game, refuse to take responsibility and fulfil our destiny on earth. The human race chose the path of self-destruction, and it insists to stick to it, till the very bitter end.

## So God created man in his own image, in the image of God created he him;

The process of creation is not only the physical body which represents the achievements of the physical creation. As soon as the purpose of creating the physical body of human was fulfilled, the process of creating the spiritual man commenced – a process which is solely dependent on us. We have to reach the stage that the image of God – the spiritual essence – will be expressed through us on earth.

Here appears for the first time the perfect person – a person endowed with super-consciousness – a person who expresses through his being and living the Divine principles – the spiritual qualities that are being fulfilled in the very life. In the human shape the supreme I AM can reach complete expression. What is the image of God? The supreme values that we express and live actually on earth.

The physical person represents the sum total of the states of consciousness of kingdoms of the mineral, plants and living beings. The state of consciousness of a person who is endowed with perfect spiritual state might be equivalent to million ordinary human beings who didn't reach such spiritual state. A person with super-consciousness might be equal to the entire humankind, if they would be able to function together with perfect accord. We see that the human body functions with perfect harmony as long as it is healthy. A group of human beings, who function together harmoniously, create a collective state of consciousness which is much higher than the consciousness of a single person. Such harmony must to be based on love devoid of fear.

## **Male and female – the element that separates and unites in creation**

Male and female created he them.

And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

First we can see that a man was created – or more correct to say that we created man – we have reached a certain threshold in the process of creation where we have a certain amount of free expression. But the process of reuniting, or the return to the original union before creation – didn't start yet. Now we created the possibility of uniting in a certain sense. If man was actually divided to male and female – the entire mental essence was apparently divided to two components that we name one as male and the other as female.

The phenomenon of the appearance of individuality keeps on widening, and reaches now another stage: The various forms in the physical creation are limited and not infinite. The possibility of rejuvenation and continuation of the various forms on earth became evident. The phenomenon of male and female demonstrates a basic element of creation. WE already can see in the very rudimentary stages that atoms combine between themselves in order to create a new form of life. The power that unites them is the element of male and female. The electrical phase of positive and negative points actually that the powers of male and female binds together powerfully to a single unity.

From the moment the creation was split to endless individuals, it seeks to return to its primeval unity, as it was before the creation. A tremendous force is acting here which aspires to unite the endless particles. Here appears a unique manifestation on the journey of the individual being for the discovery of its essence: The individual splits apparently to two beings – male and female, who supposed to form one cohesive harmony. The phenomenon of creation is actually the appearance of individuality – Infinitude is being revealed through endless individuals that together form wholeness. The phenomenon of male and female is actually a stage where the individuals unite again, gradually, to the original pre-creation, but with a state of consciousness which didn't exist before. United married couples who live in harmony create a state of consciousness which didn't exist before, when each of the partners lived on its own.

We can observe the various characteristics of the genders – the male is active, the female is passive. Intense powerful activity for survival is the main characteristic of the male. The female aspect is mainly defined by creating a warm cell where progress and development can be achieved. The male aspect has to protect and preserve. The female has to be patient and moderate. We all feel lacking and seek the fulfilling counterpart. We seek something external, a figure which attracts us. We act due to sub conscious urge which compels us to seek perfection, but we seek an external perfection – looking for the perfect mate, the perfect surrounding, perfect home, perfect family, perfect country, perfect nation and so forth. This

never was accomplish in recorded history – perfection can be achieved only when these two aspect merge within ourselves.

A couple of individuals breed another group of individuals, that all feel like one unity – a family – and thus the feeling of selfishness which comes with individuality is somewhat fading, the familial sense is expanding when a bigger group is being formed, like a tribe or a nation, where a greater measure of relinquishing selfishness is required for the survival sake of the group. Every phase like this is actually a new state of consciousness – the united family creates a state of consciousness which didn't exist before. The united tribe creates a state of consciousness which didn't exist before. A nation which contains a few united tribes, working together with harmony, creates a new state of consciousness which surpasses that of the tribe, and so on and so forth. This is a fractal development which goes on forever.

But the individual-group-existence devoid of the ideal-creation-essence creates conflicts and enmities between the various groups, and thus the process of consciousness expanding is being curtailed and stuck.

And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat.

And to every beast of the earth, and to every fowl of the air, and to every thing that creepeth upon the earth, wherein there is life, I have given every green herb for meat: and it was so.

And God saw every thing that he had made, and, behold, it was very good. And the evening and the morning were the sixth day.

### **Eating or a process of digesting states of consciousness.**

Here appears the first time the fact of eating. Why this phenomenon exists? We can understand the need to build the young, little body that just appeared in this world. But when it reached its full size, why to keep on feeding the body with an endless stream of matters? What stops the cell from functioning throughout its life span as it is? Why the substances within undergo changes, break apart and being cast out, new materials enter in, interact with the existing forms, undergo all kinds of processes and later on again break apart, emitted and this process continues endlessly?

The basic structure of the cell doesn't change, why all this constant flow of materials?

Of course science can explain this process quite clearly; there are chemical processes of endless construction and destruction. The mechanisms which operate in the cell have certain period of existence, they wear during the functioning, being destroyed and new elements enter the system, build the various organs anew till the life span of the individual cell comes to an end, and it falls apart after it finally aged.

Atoms and molecules themselves don't break apart and change ordinarily.

What is happening during the process of eating is that lower forms of life enter into a system with a higher state of consciousness, already from the level of the basic cell, and participate in the process which develops this state of consciousness. If we consider everything as beings with certain feelings and consciousness, then what is happening here is a process of creating new state of consciousness, thus the chemical processes inside the cell are no more but echoes of that being which aspires to reach higher states of consciousness. The new materials which join a system with a higher state of consciousness, like a cell, have the chance of experiencing the state of consciousness that the cell entertains, and so their state of consciousness is being boosted.

We are at the first creative Age, where the elements which were created function instinctively, automatically; this is a very non-mature state mentally.

In our story all the living beings were fed on vegetation, the phenomenon of devouring living beings and slaughtering them for food didn't exist in the beginnings of existence. In that form of existence all that existed didn't cause suffering – plants don't have feelings and sensations as living beings. Eating of plants is in their favour – they merge in the being of a higher animal which posses' a higher state of consciousness, thus they evolve higher on the evolutionary ladder. Presumably they even enjoy it. A plant grows better when it is being trimmed, it needs a directive hand.

We see it as an obvious routine – we become hungry, an inner impulse compels us to eat. We act without thinking due to inner compulsion. Let us try to get out of ourselves and view that phenomenon from a detached view point: What is really hidden behind this phenomenon? Try to contemplate externally – minerals combine between themselves and create new forms of life, plants absorb and digest the minerals, animals absorb the plants and digest them, carnivores prey on the vegetarian animals. Human beings eat and digest all that exists.

We can view here a process where a lower being is being absorbed into a higher being. Or cycles of existence from a lower grade are being merged into higher levels of existence. These cycles of existence are states of consciousness, which keep on evolving according to the development of the individual beings and their ability to create higher bodies.

We have been dealing actually with the creation or forming higher states of consciousness. All that exists is due to thinking thoughts – these thoughts solidify and appear in the physical world as sensational shapes. If these statements are true, then minerals represent certain states of consciousness, and later on we can identify states of consciousness in the vegetation, the living beings and mankind. We may view eating as a process where lower state of consciousness is being uplifted to a higher state, and thus the evolutionary process fastens.

## **The Creation of Man**

Three times the creation of Man is being mentioned – first the human body appears – which is actually the sum total of all bodies in the creation. The tremendous urge of the creation to return to its pristine unity created spontaneously the body that we call the human body.

Later on was added self-consciousness – the ability to shape, to build, to invent things and to change. This is the second creation of Man – actually now Man starts to create himself. Every person uses the mental tools which he developed within himself (herself) during the processes of the evolution of consciousness, and establishes himself as a thinking, ingenious being, which can invent, build and destroy.

Finally appears the spiritual Man – which the apex of his consciousness is the manifestation of the Divine qualities on earth. What means here with the word "image" – is not only the physical shape, but the expression of the Divine qualities which Man supposed to manifest in daily living. In Hebrew "image" is "tzelem" which its root is tzel – shadow. Man supposed to be the shadow of God on earth, a reflection of His sublime qualities. For example: Compassion and mercy, patience and renunciation, seeing all that exists as our very being, the ability to act harmoniously in the physical life, due to unconditional love. The third creation, the spiritual creation, is the conscious creation of Man who took responsibility of his life. This is a Man who is not acting from self-interest only, but acts in order to assist all the creation with all its divisions. Such a Man has Cosmic Consciousness – he sees cosmic movements deeply, not only through the limited individual life span. He knows the implications of his actions throughout the creation. This is the beginning of the Path towards the Goal of creation – attaining Super Consciousness.

The Six Days portrayed in the Book of Genesis, symbolize also the six planes of consciousness when Man ascends on the ladder of spirituality. The seventh stage is that of Perfection, and there the Perfect Man attains Divine Consciousness in the body, on earth. The stage of Perfection can be termed as a state where the person has Super Consciousness, but it is not possible to explain to an ordinary person what is Super Consciousness, since the only way of understanding it, is to obtain such a state. It can be explained only indirectly – for example, that such a person will never lie, it is not possible to break his integrity by any means. His moral code is above the written law – he has no need for book of laws - he is a living manifestation of the Cosmic Laws, Laws that cannot be explained by any book. Such persons are extremely rare – but they exist. Their existence on earth justifies the entire creation; they are the living answer for the creation riddle. Super Consciousness is a state where the state of consciousness of that unique individual is equivalent to combined states of consciousness of entire group of ordinary human beings who act together with perfect accord. I would rather name such a person as a Divine Being, or shortly as A Being, since that at such a stage the physical body is not needed any longer. Consciousness is not a physical phenomenon – which depends on the material world; it is not the byproduct of electrical impulses in the brain, this sounds completely silly to me. The purpose of the physical creation is to provide the means of creating states of consciousness – scaffolding. When the goal has been achieved, the scaffolding is not needed anymore. The purpose of creation has been to provide the individual the means of attaining the Goal of Super States of consciousness. The physical creation is not the goal. This is the mistake humanity fell into later on during the processes of existence on earth, and we will deal with this later on.

**Chapter 2: 1 Thus the heavens and the earth were finished, and all the host of them.**

**2** And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.

**3** And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

Seven cycles of Creation transcended to the Seventh State of Consciousness – the merging of individual consciousness with the Cosmic Consciousness; the individual achieves Infinite Consciousness, and thus the purpose of Creation was achieved.

Actually the physical person cannot perceive in his current state of consciousness, which sank deeply into matter, what is this Seventh State of Consciousness – it is possible only through experience, and not through any study or intellectual search. Here the human reason reaches its end, and it cannot ever over-pass it, but by conscious revolution, which today can be achieved only by the help of a person who has reached this state in former life-spans.

The Seventh Day (Shabath – cessation of all action) represents the unity of the entire human race as one acting and breathing body, similar to that of a single body. All the organs of the body, which represent the body of nations, when acting harmoniously can represent the true state of the creation. The human race, united with fraternity, harmony and peace is the stage where God – the endless creating Beings – reached the purpose of the act of creation, and now they ceased from all action – the work has been accomplished.

**It is possible to see the Shabath as the termination of the individual effort in reaching Super-Consciousness. But the work of the individual who acts in favour of the Cosmos never ends, but this is not work in the physical domain, he abides in eternal Shabath.**

## The Second Age: Creation of Names – the stage of Conscious Creation

In this stage super-consciousness is an existing fact. In the creation already exist people who achieved this state of consciousness, and they aid those who are on the Path towards the goal. In principle, the creation advances automatically, but now entered the picture forces which control, advance and direct.

Here another version of the story is being presented; the style and the construction of the sentences differ from the previous chapter, so it is possible that another person wrote it. But this is not our concern, I am not dealing with the exegetics of the Hebrew Bible – this is the text that the Jewish people canonized and is the basis of the beliefs of about half of the population on earth, maybe more.

According to Jewish tradition, Raban Moses (Master Moses) wrote the Torah. Raban means a person with Super-Consciousness – Master of the Spiritual Planes. The persons who are endowed with Super-Consciousness work as a team, which acts as one body – this is the level

of union they achieved. These persons, or more correct Beings – personal achievement doesn't concern them, they don't care concerning their name on a book. So if this book was written by a team of Super-Consciousness Beings, than spiritually it is being regarded as if One person wrote it. At any spiritual activity which goes on in the Spiritual Fraternity, one of the members is responsible for a certain task, but he is working together with his companions and activate them for that purpose. Just the same that our five fingers act together for any purpose we need them without any argument or rebellion, thus acts a Spiritual Circle. If we will delve at this simile, then from time to time in work purposes, a certain finger has a special task, like in playing a musical instrument. But the credit for playing is being given to all the fingers, to the hand which operates them, to the thinking mind, to the feelings, till we reach the focus of individual consciousness – and in a spiritual group, also here exists a collective focus of Super-Consciousness which includes all the members of the group. Ordinary human being will never understand its meaning – a team which is working like one person in one head and one thought, but simultaneously, each member has his own independence and freedom. The only way to perceive this state is to experience it, or to work together with such person.